



# CHAUTAUQUA GAZETTE



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MARCH MADNESS EDITION



Volume 2 • Issue 12 | Week of March 31, 2025

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**"YOU CAN'T  
BE AFRAID TO  
FAIL. IT'S THE  
ONLY WAY  
YOU SUCCEED  
- YOU'RE NOT  
GONNA SUCCEED  
ALL THE TIME,  
AND I KNOW  
THAT."**

— LEBRON JAMES

## LET THE MADNESS BEGIN — FINALLY



Contributing Writer

Jordan Nicholson

If, like me, you find yourself lamenting the many days of March in the hopes that the calendar will prematurely flip to a real sports month like April, you're not alone. Opening Day of baseball season should be a national holiday, but April also has basketball and hockey playoffs, The Masters, and the NFL Draft, March? The best thing March has going for it is that at the end of the month we get one of the coolest sporting events of the year. Let the madness commence! March Madness has always been a

celebration of college basketball, a proving ground where upstarts can challenge the titans, and where the unpredictable is expected. It is a stage where legends are born, dreams are realized, and heartbreaks are felt across the nation. The tournament has given us unforgettable moments—from Jim Valvano racing across the court in sheer jubilation after NC State's improbable 1983 championship to John Wooden's UCLA dynasty that defined excellence in college basketball. Mike Krzyzewski and Jim Boeheim became synonymous with March Madness, leading their programs through decades of thrilling battles and unforgettable finishes. And who can forget the passion of Dick Vitale, whose voice has long echoed the excitement of college basketball? As Vitale once said, "March Madness is the best time of the year, baby! Upsets, emotion, and incredible performances—it's what makes college hoops special!"

Yet, this year's Sweet 16 and Elite 8 reflect a stark shift in the sport. The dream of Cinderella has been left behind, replaced by a tournament dominated exclusively by power conferences. For the first time since the tournament expanded beyond 32 teams in 1975, every Sweet 16 team hails from a major conference, leaving smaller programs in the cold. Now, even Cinderella arrives at the ball in the back of a black car, head-to-toe in Chanel.

At the heart of this shift is the influence of money—specifically, the changing landscape of Name, Image, and Likeness (NIL) deals and the transfer portal. What once made college athletics unique—team continuity, player development, and the allure of underdog stories—has been eroded by financial incentives that funnel top-tier talent toward the programs with the deepest pockets. With top mid-major players

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Contributing Writer

Ryan Chambers-Leonard

Chautauqua Gazette's  
Student Journalist

While I'm not particularly a sports person myself, the influence of any sports event in the United States is genuinely a treat to witness firsthand. Even though I don't engage much with sports, I'll always know when something is happening, mostly thanks to how much any given event will inevitably be chatted up in my community. The process is really quite fascinating—how I can go from being completely uninformed to relatively knowledgeable in just a few days worth of passive

## MADNESS 101

communal discussion. And it's honestly so beautiful that communities are able to achieve just that, in the form of sports, the arts, or events like fundraisers. In the year 2025, with the ever-present existence of social media—I think a lot of people forget how important your home community is, and how significant interacting with that community can be.

Moving past an overly-analytical introduction—for the uninformed (like myself!), March Madness is an annual tournament ran by the NCAA that consists of 35 states (this year), as well as Washington D.C. Taking place through the month of March, the tournament features dozens of matches that lead up to the "Sweet 16," "Elite 8," and "Final 4." So far, the games have averaged just under 10 millions views—but will presumably spike during the last few rounds. This average is substantially more than

the numbers cited by ESPN for NBA games—which is supposed to be around 1.5 to 3 million. The two formats are actually slightly different in and of themselves—both the timing and bracket for the two vary substantially.

While recreational enjoyment of March Madness is by far the most common—the importance of the event for upcoming college athletes can not be understated. As high school students come close to graduating, these events show athletes the opportunities that college sports provide. Around half a million college students play for the NCAA annually, a surprisingly large number for such an idolized industry. And although colleges are usually remembered for academics (and student debt), they also provide a wide number of athletes with truly

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# THIS WEEK AROUND TOWN

APRIL 2025

- WED 2** "Bach's Lunch" Concert Series | 11:40 AM  
Bellinger Chapel at First Presbyterian Church  
For Info: 716-487-1984
- WED 2** Movies at The Reg: September 5 | 7 PM  
The Reg Lenna Center for The Arts  
For Info: 716-484-7070
- THURS 3** 102nd Spring Show | 6 PM - 8 PM  
Erie Art Museum  
For Info: 814-459-5477
- FRI 4** First Friday: Film on Local Aquatic Invaders | 11 AM  
Audubon Community Nature Center  
Info at: AudubonCNC.org/Events
- FRI 4** 13th Dining in the Dark | 5 PM  
Chautauqua Harbor Hotel  
For Info: director@cbavision.org
- FRI/SAT 4-5** BANFF Mountain Film Festival | 7 PM  
The Reg Lenna Center for The Arts  
For Info: 716-484-7070
- FRI-SUN 4-6** Audubon Lights | 8:30 PM - 10 PM  
Audubon Community Nature Center  
For Info: [AudubonCNC.org/events](http://AudubonCNC.org/events)
- SAT 5** Stand Up Comedy Night | 8 PM  
Wicked Warren's (Jamestown)  
For Info: 716-484-4070
- SUN 6** First Sunday Story Time | 12:30 PM  
Audubon Community Nature Center  
Info at: [AudubonCNC.org/Events](http://AudubonCNC.org/Events)
- WED 9** Chautauqua Lake Aquatic Ecosystem Restoration Project | 6 PM - 8 PM  
Virtual Meeting  
For Info: 844-800-2712
- SAT 12** Chicken BBQ to Benefit Jace Hasse  
Zion Lutheran Church (Parking Lot)  
Call 716-397-9485 by 4/5/25 for tickets
- TUES 15** Citizen Preparedness Class | 12 PM  
Marvin Community House (2 W 5th St, Jamestown)  
For Info: 716-484-7135 ext. 235

## Chautauqua County Celebrates 100 Years of Public Health

Article Contributed by  
**Justin Gould**  
Chautauqua County Media  
Information Officer

2025 is a monumental year for public health in Chautauqua County. Today we look back 100 years when the County hired its first Public Health Nurse.

In 1925 the Chautauqua County Legislature approved the position and appointment of Isabella B. Bellshaw to serve as the County's first Public Health Nurse. Bellshaw was responsible for a rural nursing program of therapy and education, and was supervised by a committee of two doctors plus the supervisors of the Tuberculosis Hospital Committee. By 1938 the county's public health nursing program, with funding from the state, had expanded its operations to include programs for maternity care, infant and pre-school care, a school health program, and tuberculosis, communicable disease and education programs. The combined budget in 1938 for the public health nurses and the program for those with physical disabilities totaled under \$11,000. Operations were supervised by a nine-member public health committee equivalent to today's Board of Health.

During the Second World War, the county health nurses aided the war effort by teaching Red Cross Home nursing courses and aiding the work of the Civilian Protection Councils, which were designed to provide help to county physicians. The three public health nurses instituted a special program of maternity and infant care for armed services families.

Among the many other programs which fell under the purview of the public health nurses in the 1900s, the communicable disease program realized some of the most significant progress. 53 pneumonia deaths county-wide and 20 smallpox cases in Ripley alone were reported in 1939. Diphtheria took 144 lives in the area in 1944, but just one life eleven years later. Polio was rampant in the late 1940s and early 1950s, but by 1957 polio vaccine was made available for all

school age children in the county, and the incidence of new cases dropped dramatically.

Throughout the fifties and early sixties the public health program continued to grow. The size of the nursing staff grew to five in 1951. The local public health service took on additional work in 1952 when the county, with the support of the Chautauqua Lake Association, employed its first public health engineer. An assistant sanitary engineer, whose salary was partially subsidized by the Chautauqua Lake Association and New York State, was added in 1954.

According to the April 23, 1891 edition of the Jamestown Evening Journal "It is estimated that 5,000 barrels of sewage are emptied into the (Chautauqua) lake daily during the height of the season from the various resorts on the lake." In the 1950s, public health staff began work to improve the quality of the lake including a sanitary survey of Chautauqua Lake. Since that time, the role of the environmental health staff has expanded to include responsibility for many programs related to promoting clean and healthy water, with special emphasis given over the years to the construction of adequate sewage disposal facilities and pollution abatement.

Early community-based health efforts contributed to significant improvements in our public health and our environment right here in Chautauqua County and around the globe. This article is part of a partnered series with the County Historian, Norman Carlson, that will highlight the history, framework and important work of the local Department of Health in Chautauqua County.

**References:** History of Chautauqua County New York 1938-1978; A Bicentennial History Project published by the Chautauqua County Historical Society; 1925 Journal of Proceedings of the Chautauqua County Legislature; April 23, 1891 edition of the Jamestown Evening Journal

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## Editorial with Lori Cornell

# THE KEY TO SUCCESS



Owner & Publisher  
**Lori Cornell**

I'll confess, unlike one of our favorite cover story writers, Jordan Nicholson, I know very little about college basketball and maybe even less about the NBA. But speaking of Jordans, I did grow up in the Michael Jordan era when he rose to stardom with his famous namesake shoes, winning first an NCAA Championship for Wake Forest and then leading the untouchable Chicago Bulls. It was a time when even athletes with no hand-eye coordination like me (ie. runners) aspired to: "Be Like Mike" with his stand-up, winning spirit.

According to Michael Jordan, "The key to success is failure." He may be forever upheld in history as the "GOAT", as my kids like to say, but his grit and determination to never accept failure may be what most sets him apart. So goes the famous story of Jordan being cut from his high school basketball team.

We ALL fail. Whether in our fitness aspirations or in life. The March Madness tournament will obviously bring the same. There will always be winners, and there will always be losers. How we handle a loss is what most makes us grow.

What we do with our setbacks, how we face adversity and rise regardless, is what sets us apart.

This basketball season and in every season of life, "Be Like Mike" and find your key!

(And after last week's editorial quoting Hillary Clinton, now I really better lay off the 1990s references for a bit or I'm going to totally kill our Gen Z outreach efforts - hee-hee!)

**"THE KEY TO SUCCESS IS FAILURE."**  
— MICHAEL JORDAN

**"I'VE MISSED MORE THAN 9000 SHOTS IN MY CAREER. I'VE LOST ALMOST 300 GAMES. 26 TIMES, I'VE BEEN TRUSTED TO TAKE THE GAME WINNING SHOT AND MISSED. I'VE FAILED OVER AND OVER AND OVER AGAIN IN MY LIFE. AND THAT IS WHY I SUCCEEDED."**

— MICHAEL JORDAN

## JAMESTOWN JACKALS

### CLINCH 4TH PLACE, SET FOR HOME PLAY-IN GAME

The Jamestown Jackals have made history, securing 4th place in their inaugural Basketball Super League (BSL) season. With the playoffs set to begin, the Jackals are preparing for a crucial home play-in game against the London Lightning on Tuesday, April 1, at 7:00 PM.

"This season has been incredible, and we are so grateful for the support from our community," said Kayla Crosby, Jamestown Jackals' Team Owner and General Manager. "Now, we turn our focus to the playoffs, and we need everyone to bring the energy on Tuesday night!"

Fans are encouraged to pack the stands for the April 1 matchup and support the team as they fight for a spot in the next round of the BSL playoffs.

**FOR MORE INFORMATION & TICKETS, VISIT**  
[WWW.JAMESTOWNJACKALS.COM](http://WWW.JAMESTOWNJACKALS.COM)

#JackalsNation #BSL #JamestownJackals #BeTheChange  
#Playoffs #Community #SupportLocalSports

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# In Loving Memory

March 20

Darlene L. Anderson, 75  
Frewsburg  
Peterson Funeral Home

March 21

Dennis R. Cardone, 82  
Frewsburg  
Peterson Funeral Home

March 22

Carole A. Smith, 86  
Sugar Grove  
Riccardi's Family Funeral Home

March 23

Ronald E. "Ron" Anderson, 82  
Frewsburg  
Peterson Funeral Home

Thomas A. Tedesco, 100  
Jamestown  
Falconer Funeral Home

March 25

Michelle C. Beacom, 63  
Falconer  
Falconer Funeral Home

Eugene R. Simko, 94  
Jamestown  
Lind Funeral Home

Noel Vellon, 51  
Jamestown  
Riccardi's Family Funeral Home

March 26

Joyce Crate, 97  
Jamestown  
Lind Funeral Home



## Congressman Langworthy Announces 2025 Congressional Art Competition for Local High School Students

Article Contributed by  
**Congressman  
Nick Langworthy**

Congressman Nick Langworthy (NY-23) announced that his office is accepting submissions for the 2025 Congressional Art Competition on behalf of New York's 23rd Congressional District. All high school students living in NY-23 are eligible to submit artwork. The winning artwork of our district's competition will be displayed for one year in the U.S. Capitol.

The deadline for submission is April 23rd, 2025.

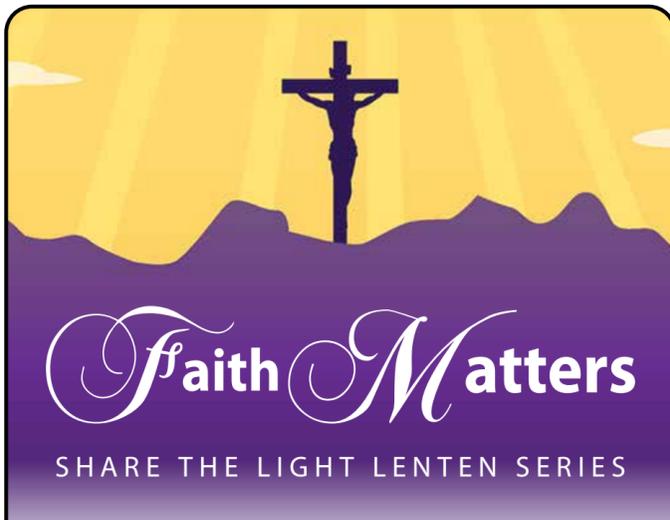
"Western New York and the Southern Tier are filled with artistic talent, and I am thrilled to once again host the Congressional Art Competition to showcase the incredible work of our local high school students," said Congressman Langworthy. "This competition provides a unique opportunity for young artists to have their talent recognized on the national stage. I encourage all eligible students to participate and share their art with our community and the nation."



Submitted Art

Last year's winner from NY-23, titled "Finally Home" by Kaylee Ziobro.

For submission guidelines and more information, please visit Congressman Langworthy's website. If you have any questions, please reach out to Sharon Murphy at Sharon.Murphy@mail.house.gov, or (607) 377-3130.



# Faith Matters

SHARE THE LIGHT LENTEN SERIES

## The Light of Farm Fresh Food



Featured Writer  
**Rev. Luke F. Fodor**  
Saint Luke's Church

Only reckless gardeners or foolish farmers put seeds in the ground in April in Western New York. But that does not mean that they are not already growing seeds under grow lights in their basements or attics. It is amazing the life that blossoms from just a single seed. One seed from a tomato can grow a whole plant that holds dozens of tomatoes. The same is true of one kind act. It too can grow into a whole full harvest of goodness.

That is what Jesus is getting at when he tells the story of the Parable of the Mustard seed. He said, "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches."

Lent is the perfect time to plant a seed of goodness. You may be aware that the Jamestown Farmers Market (JFM) offers extensive programming to enhance access to healthful and locally grown foods in our community, but you may not realize its extent: from garden plots in our Lakeview Ave. to the downtown Saturday Market. And with the Mobile Market traveling to feed deserts through the city, JFM is serving the food insecure. With its Monday Night Café and Faithful Eating programs, JFM is creating community engagement and through its Farm Share Program (CSA: Community Sponsored Agriculture) you can support the work while securing access to your own healthy produce.

These Produce boxes range from \$225 to \$500 for the entire season. The Summer program will run 16 weeks from June through September. Shares will be available for pick-up at St. Luke's on Wednesdays from noon to 7:00pm.

We are offering shares in three sizes (and price points):

- **Half Share (\$225)** — Perfect for a smaller household or folks wanting to sample what local farmers have to offer. 4 - 5 items per week. Estimated \$15 - \$18 worth of produce for just \$14 each week!
- **Full Share (\$400)** — You like to cook a few times a week and put in the effort to reach your recommended fruits and vegetables! 5 - 10 items per week. Estimated \$27 - \$30 worth of produce for just \$25 each week!
- **Double Share (\$500)** — For those serious veggie lovers that cook at home a lot! Same item number as the Full Share but in greater quantities. Estimated \$35 - \$40 worth of produce for just \$33 each week!

Each week you'll receive an email detailing what to expect in your share, as well as suggested recipes of what to do with your veggies and tips for preserving their freshness. This year you also can add on eggs, mushrooms, beef, and pork products! All sourced, grown, and made right here in New York State and near Chautauqua County. Purchase your share online at: <https://tinyurl.com/JamestownMarketCSA2025>

Plant your seed and let it grow a bushel of goodness!

The Chautauqua Gazette is proud to feature different faith leaders from throughout Chautauqua County each week, in an effort to connect and inspire. We endeavor to provide a variety of religious and faith perspectives well-aligned with our diverse community and values. If you are a faith leader and wish to contribute, please contact publisher Lori Cornell at [cornell@CHQgazette.com](mailto:cornell@CHQgazette.com).

## Southern Chautauqua Federal Credit Union Renews Support of The Resource Center



Submitted Photo  
Dave Samuelson, Chief Lending Officer, Southern Chautauqua Federal Credit Union, Teena Chau, Chief Telling Operations Officer, Southern Chautauqua Federal Credit Union, Denise Jones, Chief Executive Officer, The Resource Center, Cindy Hitchcock, Chief Executive Officer, Filling the Gap, Inc., Kelly Dimitri, Chief Operating Officer, The Resource Center, and Chris Anderson, Marketing Manager/TRC Golf Classic Chair, The Resource Center.

Article Contributed by  
**The Resource Center**

Southern Chautauqua Federal Credit Union (SCFCU) recently announced it had renewed its \$15,000 corporate sponsorship contribution to The Resource Center and Filling the Gap, Inc., a Jamestown-based non-profit organization that works with The Resource Center to support people with disabilities and other socioeconomic challenges in Chautauqua County.

As a corporate sponsor, SCFCU will receive recognition as a sponsor of the annual fund-raising events organized by The Resource Center and Filling the Gap. Those events include the Ability Awareness Awards, TRC Golf Classic, Step Up for Autism, Laurel Memorial Run/Walk, Sassy Baggs & Beyond Blingo, and Mark Pacheco WOW Fund Lip Sync Battle.

"Southern Chautauqua Federal Credit Union is honored to support The Resource Center

and Filling the Gap, Inc.," said John Felton, Southern Chautauqua Federal Credit Union's Chief Executive Officer. "Our organization believes in The Resource Center's mission to empower individuals with disabilities to live meaningful lives. Our contribution is a reflection of our commitment to inclusivity, accessibility, and creating opportunities for everyone to thrive."

"On behalf of myself and the employees of The Resource Center and Filling the Gap, we are appreciative of Southern Chautauqua Federal Credit Union's commitment to our core mission," said Denise Jones, The Resource Center's Chief Executive Officer. "The support of community organizations like Southern Chautauqua Federal Credit Union allows us to fulfill our mission of helping people with disabilities to enjoy meaningful lives. We also recognize the wide-ranging impact John and his employees have on our community as well."

## The Transplant Garden Club to Host Presentation by Betsy Burgeson



Submitted Photo

Contributed by  
**Cheryl Wahlstrom**  
President, The Transplant Garden Club

The Transplant Garden Club will be hosting a presentation by Betsy Burgeson at the Ashville Free Library on Thursday, April 3rd at 12:30 PM. Betsy is the Supervisor of Gardens and Landscapes at Chautauqua Institution. She will discuss the Institution's monarch butterfly raising and tagging program, and the trip she recently led to Mexico. The group visited the wintering grounds of the monarchs in the Monarch Butterfly Biosphere Reserve. Come and learn more about this amazing butterfly!

## A Legacy of Learning

Tom and Bev Lingenfelter Scholarship Fund to Benefit Future Southwestern Graduates



Submitted Photo

Tom and Bev Lingenfelter

Article Contributed by  
**Chautauqua Region  
Community Foundation**

Siblings Sheila Gulas and Tom Lingenfelter recall their childhood home as a hub of activity -- filled with students, community members, and loved ones, all touched by their parents' generosity. Tom and Bev Lingenfelter had a love of learning, a tremendously strong work ethic, and an ability to find joy in life's simple moments. These were all lessons their adult children sought to perpetuate through the Tom and Bev Lingenfelter Scholarship Fund.

Originally established by Bev Lingenfelter in memory of her husband, Tom, the fund was renamed in 2024 by Sheila and Tom to honor both of their parents after Bev's passing. The scholarship fund will support graduating students from Southwestern Central School, a place that held immense significance for the Lingenfelter family.

Tom, born in Punxsutawney, PA, followed in his father's footsteps, becoming a science teacher. He worked at Southwestern High School for 28 years, where he also served as the Science Department Head. His dedication extended beyond the classroom; he was a US Army veteran, a fixture at school sporting events, and a mentor to many. Bev, also from Punxsutawney, married Tom and dedicated herself to her family before becoming the manager of the Southwestern Credit Union and later Southern Chautauqua Federal Credit Union for over 30 years. Her meticulous nature and genuine care for her customers built a foundation of trust and success.

Tom instilled a love for learning in his students and his own children, always ready with a camera to capture moments or a tool to fix anything. Bev was known for her kindness and dedication, remembering everyone's name and everyone's account number; always offering a helping hand. Both shared a love of adventure and an appreciation for travel.

"Sheilah and Tom hope this fund will inspire students to pursue their dreams, mirroring their parents' values of lifelong learning, community service, and the importance of family," noted Tory Irgang, Executive Director at the Chautauqua Region Community Foundation.

"Our parents instilled in us the importance of education, hard work, and giving back to others," Sheila said. "We established this fund to honor their legacies and to provide future Southwestern graduates with the opportunity to pursue their dreams. We hope this scholarship helps them achieve the same opportunities that our parents helped so many others to reach."

The Tom and Bev Lingenfelter Scholarship Fund stands as a testament to two lives dedicated to service, learning, and the enduring power of community. To support the fund, visit [crf.me/lingenfelter](http://crf.me/lingenfelter) or call 716.661.3390. For more information on how CRCF helps individuals and families create lasting philanthropic legacies, visit [www.crcfonline.org](http://www.crcfonline.org) or contact Tina Downey, CFRE, at 716-661-3390 or [tdowney@crfonline.org](mailto:tdowney@crfonline.org).

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ANONYMOUS IN JAMESTOWN 2

### BPU Yard Waste Site to Open Saturdays Beginning April 12: New Sticker Required

*Article Contributed by Jamestown Board of Public Utilities*

Only one sticker is provided for each customer account.

The window stickers are available at the BPU Customer Service Office, 92 Steele Street, open from 9 a.m. – 4 p.m. Mondays-Wednesdays and 8 a.m. – 5 p.m. Thursdays-Fridays. The office is closed daily from 1-2 p.m. and is closed on Good Friday, April 18. Contractors will not be permitted to use the site.

The Yard Waste Site's hours this year are as follows: 7 a.m. – 1 p.m. Saturdays, April 12 through November 8; and 4 – 7 p.m. Wednesdays, effective May 7 through September 24.



The Yard Waste Site is restricted to BPU Solid Waste residential customers, as their garbage/recycling rate pays for Site operations.

BPU Solid Waste customers who want to enter the Site must display a yellow-colored 2025 BPU Yard Waste Site sticker on the rear driver-side window of the vehicle. The window stickers are free-of-charge to BPU Solid Waste residential customers.

The window stickers allow BPU employees who staff the Site to identify BPU Solid Waste residential customers and ensure that non-BPU Solid Waste customers do not use the Site.

At the Site, customers may discard leaves, grass clippings, mulch, plants/shrubs/bushes; tree parts and brush up to eight inches in diameter.

Metals, sod, concrete, rocks, dirt, lumber/wood, tires, drywall and other construction materials are not accepted.

For more information, BPU customers may call the Garbage Hotline at 716-661-1651.

### SUDOKU

7								1	
			7		1	4			3
	2			9					
						3			
3	8	5		4					
		1	9					4	
		8	4						7
				8		6			9
		9	6					5	

**Here's How It Works:**  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Advanced

### CROSSWORD

1	2	3	4		5	6	7	8	9	10					
11						12						13	14	15	
16						17			18						
19				20	21		22	23					24		
25							26						27		
28							29					30			
				31	32						33				
34	35	36	37								38				
39							40	41	42						
43						44						45	46	47	48
49						50					51	52			
53				54							55				
56		57						58					59		
60							61	62						63	
						64									65

- CLUES ACROSS**
- 1. Narrow piece of wood
  - 5. African desert
  - 11. Waxy covering on birds' beaks
  - 12. Sour
  - 16. Infrequent
  - 17. Former AL MVP Vaughn
  - 18. Policemen wear one
  - 19. Out of the question
  - 24. Used to chop
  - 25. Symptoms
  - 26. Not moving
  - 27. Folk singer DiFranco
  - 28. Comedian Armisen
  - 29. Quantitative fact
  - 30. Incline from vertical
  - 31. Scottish musician
  - 33. Rooney and Kate are two
  - 34. Positioned
  - 38. A very short time
  - 39. Tropical American shrubs
  - 40. Yemen capital
  - 43. Spanish municipality
  - 44. Medical professionals
  - 45. Fibrous material
  - 49. Confined condition (abbr.)
  - 50. Without covering
  - 51. "Mad Men" honcho Don
  - 53. Hockey position
  - 54. Taste property
  - 56. Fertile spots in a desert
  - 58. They precede C
  - 59. "Requiem for a Dream" actor Jared
  - 60. Try a criminal case
  - 63. Liberal rights organization
  - 64. Spoke
  - 65. Insect repellent

- CLUES DOWN**
- 1. Unshaven facial hair
  - 2. More thin
  - 3. Show up
  - 4. Seethed
  - 5. Ancient Greek city
  - 6. Poisonous plant
  - 7. Hello
  - 8. College sports official
  - 9. Monetary unit of Russia
  - 10. Wings
  - 13. Take too much of a substance
  - 14. A citizen of Uganda
  - 15. Most appealing
  - 20. Atomic #18
  - 21. Global investment bank (abbr.)
  - 22. Jewish calendar month
  - 23. Popular sandwich
  - 27. Swiss river
  - 29. Incorrect letters
  - 30. Popular entree
  - 31. Foot (Latin)
  - 32. A driver's license is one form
  - 33. Extinct flightless bird
  - 34. Appetizer
  - 35. After battles
  - 36. It neutralizes alkalis
  - 37. Beverage container
  - 38. Partner to "Pa"
  - 40. Gray American rail
  - 41. Salt of acetic acid
  - 42. Canadian province
  - 44. Dish made with lentils
  - 45. Narrative poem of popular origin
  - 46. For each one
  - 47. Come to terms
  - 48. Test
  - 50. More dishonorable
  - 51. Unit of loudness
  - 52. The Ocean State
  - 54. Monetary unit in Mexico
  - 55. Lying down
  - 57. Thus
  - 61. Where LA is located
  - 62. Western State

### Season of Mud

*Drabble by John Brantingham*

The first day leafbuds forest the trees, I wake to their scent. Spring is leaf and tree, not flower, not blossom here in the woods. Spring is loamy mud. Spring is marshes over full and splashing across the roads because spring is rain. Spring is the shrill double whistle of a woodchuck calling out danger. Spring is being outside when the siren calls for the volunteer firefighters to come to the station ready for what they might meet. The first day the leafbuds forest the trees, I wake ready as a firefighter or woodchuck for this newest season of mud.

This poem was sponsored by a grant from New York State Council on the Arts. Johnbrantingham.com

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# MARCH MADNESS

# MEMORABLE MOMENTS IN NCAA TOURNAMENT HISTORY

BY METRO CREATIVE CONNECTION

## FAMILY FUN WITH THE JAMESTOWN JACKALS



Featured Writer  
Daniel Becker

She was so excited, she could hardly sit still—choosing to stand and watch the action unfold. This past weekend, I took my daughter to a Jamestown Jackals home game, and we both had a fantastic time. It was more than just a basketball game; it was a memorable experience, one that deserves to be celebrated and shared throughout the Chautauqua community.

While the Jackals' commanding 136-104 victory over the Tri-State Admirals was impressive and Deon Stroud's electrifying dunk over an opposing player was unforgettable, the true highlight of the night was the sense of family and community.

The welcoming environment created by the staff at Jamestown Community College, along with affordable pricing, made the

event accessible and enjoyable. Throughout the game, numerous family-friendly activities were held both on and off the court, keeping the energy high and engaging kids during timeouts and breaks in the action.

The players themselves seemed to thrive off the crowd's enthusiasm, especially the excitement radiating from the children in the stands. They played with heart, clearly proud to represent Jamestown and its community.

For my daughter, the halftime performance by the Laketown YMCA Starz Gymnastics team was a highlight. She also couldn't get enough of the team mascot—eagerly seeking him out for high-fives at every opportunity.

Since their founding in 2015, the Jamestown Jackals have played at Jamestown Community College and have earned two conference titles—in 2018 and 2022. These accomplishments are a point of pride for the city of Jamestown and the greater Chautauqua area.

As the 2025 season winds down, my family and I look forward to attending more games. We hope the Jackals remain a proud and enduring part of our community for many years to come.



**"BASKETBALL DOESN'T CARE WHAT COLOR YOUR SKIN IS. IT DOESN'T CARE WHAT LANGUAGE YOU SPEAK OR WHAT RELIGION YOU PRACTICE. IT DOESN'T CARE IF YOU'RE BIG OR SMALL, FAST OR SLOW. IT JUST ASKS YOU TO PLAY, TO COMPLETE, TO LOSE WITH DIGNITY, TO WIN WITH HUMILITY."**

— JIM CALHOUN

NORTHEASTERN UNIVERSITY HUSKIES (1972-1986), UNIVERSITY OF CONNECTICUT HUSKIES (1986-2012)

## Let the Madness Begin – Finally

CONTINUED FROM FRONT PAGE

transferring to power schools for more exposure and money, the traditional idea of a student-athlete is vanishing. College basketball has become a farm system for the NBA, where loyalty to a school is secondary to personal brand development.

However, not all the changes in college athletics are negative. While men's basketball grapples with its identity, women's basketball is in the midst of a renaissance. The sport has never been more popular, and a major reason for that is the emergence of marketable stars like Caitlin Clark. The ESPN deal to cover every game of the women's March Madness tournament has allowed the sport to flourish, giving female athletes the exposure they long deserved. The rise in NIL deals has also empowered women's basketball players, providing opportunities that weren't available a decade ago.

The financial tide that has altered men's basketball is also affecting women's sports, but in a way that is fostering growth rather than consolidation. While powerhouse programs still dominate, there is more parity in women's basketball than

ever before. This year's tournament has seen its own fair share of upsets and thrilling moments, proving that the sport is on an upward trajectory.

The dominance of the power conferences in men's basketball may be a troubling trend, signaling a shift where only the wealthiest programs can compete at the highest level. Yet, the energy and excitement of the tournament persist, reminding us why March Madness captivates us every year. If college basketball wants to maintain its magic, it must find a balance between financial opportunity and the purity of competition. The story of the underdog must not become a relic of the past.

Ultimately, the evolution of college athletics is inevitable, but the direction it takes is still up for debate. If the NCAA and its stakeholders prioritize competitive balance and fairness, the spirit of March Madness can endure. Otherwise, the tournament may transform into a predictable showcase for the richest programs, leaving fans longing for the days when David could still take down Goliath.

## Madness 101

CONTINUED FROM FRONT PAGE

special prospects; which also promotes good fitness and higher education generally.

On a slightly different note for the science nerds in Chautauqua-Arizona State University does its own Scientific variant of March Madness, dubbed "March Mammal Madness." This version of the event creates a bracket with 65 various organisms- all with playful descriptions of what could happen if the two "players" met. But it also does a superb job at bringing awareness to nearly extinct and niche species!

To both the informed and uninformed, I hope this article was able to either bring you some amusement due to my blatant cluelessness in regards to sports- or was able to teach you *something*. Good luck with your predictions!

*Editorial note: Our talented and generous contributing writers! Among our impressive team includes Ryan Chambers-Leonard. At only 16-years-old, this Chautauqua County student writes well beyond his years and takes great care to research interesting topics for our readers. We are proud to showcase his talents.*

## MEN'S

College basketball fans have it made each March. Come March, scores of college hoops fans anxiously anticipate the tipoff to March Madness, which is a widely used nickname for the wildly popular NCAA Tournament, a single-elimination battle featuring 68 teams competing over seven rounds. Each team aspires to win the championship, but only one can walk away with the elusive trophy. That reality ups the ante with each game, and many a nail-biter and memorable moment has taken center stage during the tournament over the years.

As this year's round of madness prepares to tip off, fans can look back at these memorable moments from tournaments past and ponder the many others that have made March such a fun, if frenzied, month.

• **Princeton knocks off UCLA, March 14, 1996:** Bruins fans may not find this moment all that memorable, but the thirteenth-seeded Tigers' improbable upset of the defending national champions is among the most notable moments in NCAA Tournament history. Princeton's 43-41 win marked the final victory of legendary coach Pete Carril's career, and perhaps no newspaper better summarized the upset than Princeton's student newspaper, The Daily Princetonian, which featured the memorable headline "David 43, Goliath 41" the morning after the game.

• **"The Shot," March 13, 1998:** March Madness fans who eagerly fill out their brackets each March know the matchups featuring a 13 seed are always unpredictable (see above), and that certainly held true in 1998. Down two points with just 2.5 seconds left, Valparaiso shocked the world and sent the University of Mississippi home when guard Bryce Drew, the son of head coach Homer Drew, sank a 23-foot three-pointer as time expired.

• **A 16 finally beats a 1, March 16, 2018:** Few likely imagined the sixteenth-seeded University of Maryland, Baltimore County

defeating the tournament's top overall seed, the University of Virginia, in the opening round, much less doing so in convincing fashion. But that's precisely what the Retrievers did, outscoring the Cavaliers by 20 points in the second half as they cruised to a 74-54 victory and made history as the first 16 seed to defeat a number one seed.

• **A halfcourt heave stuns the defending champs, March 14, 1981:** There's something about March Madness that compels hoopsters to save their most memorable moments for a game's final seconds, and that's precisely what happened when Arkansas's U.S. Reed stunned the defending champion Louisville Cardinals in the second round. Down a point with six seconds remaining after leading for most of the game, Arkansas was facing dim prospects for advancement. A swarming Louisville press made it unlikely Arkansas was going to get a good shot, and that played out. Reed was forced to heave a 49-footer from a stride or two behind the half court line. The shot improbably went in and the Razorbacks advanced.

• **The Heels' hopes are lifted, and then sank, April 4, 2016:** Much like UCLA fans would not fondly recall their upset loss to Princeton in 1996, fans of the storied program at the University of North Carolina at Chapel Hill might find it hard to characterize their 77-74 title game defeat at the hands of the Villanova Wildcats as a night to remember. But few title games have featured closing moments as dramatic as this one. After the Tar Heels' Marcus Paige double-clutched and sank a game-tying three pointer with 4.7 seconds left, the Wildcats' Kris Jenkins answered with a buzzer-beating three-pointer of his own, securing Villanova's first national championship since 1985.

## WOMEN'S

College basketball fans have it made each March. Each March, scores of college hoops fans anxiously anticipate the tipoff to March Madness, which is a widely used nickname for the wildly popular NCAA Tournament, a single-elimination battle featuring 68 teams competing over seven rounds. Each team aspires to win the championship, but only one can walk away with the elusive trophy. That reality ups the ante with each game, and many a nail-biter and memorable moment has taken center stage during the tournament over the years.

As this year's round of madness prepares to tip off, fans can look back at these memorable moments from tournaments past and ponder the many others that have made March such a fun, if frenzied, month.

• **A scoreboard is lit up in the inaugural tournament, 1982:** More than 40 years ago, few college hoops fans might have realized just how much history they were seeing as they watched the first Division I women's championship tournament unfold. Though the inaugural status made the tournament memorable in its own right, Drake's Lorri Bauman added to the history by scoring 50 points in the West Regional final. Though Bauman's efforts were not enough to overcome Maryland, her prodigious offensive output remains a tournament record.

• **Cheryl Miller cements her legacy, 1984:** Few might object if a basketball fan declared the Miller Family American basketball royalty. Though Reggie Miller, a 2012 Naismith Memorial Basketball Hall of Fame inductee, may be more of a household name, his older sister, Cheryl, a fellow Naismith Hall of Fame member, earned glory on the hardwoods long before her younger brother. Miller led the way as USC won its second consecutive national championship in 1984, winning the NCAA Tournament Most Valuable Player award for the second year in a row.

• **A summit is reached for the first time, 1987:** The late Pat

Summitt is a legendary figure in the game of basketball. Summitt won eight NCAA Tournament championships as head coach at the University of Tennessee before retiring in 2012, and her first came in 1987. Though Summitt's Lady Vols would establish the program as one of the most dominant men's or women's college basketball programs throughout her run in Knoxville, the legend had not yet been written in 1987, when Tennessee finally got the better of a Louisiana Tech team that, prior to the 1987 national title game, had won 11 of the previous 12 meetings between the schools. Summitt's squad left no doubt among fans, as the team cruised to a 67-44 victory and, in a scenario that would unfold many more times over the ensuing decades, celebrated as national champions.

• **A thrilling title game and a legendary performance crowns a new champion, 1993:** A generation of basketball fans may never forget the name Sheryl Swoopes, and the Texas Tech star's performance in the memorable 1993 national championship game undoubtedly has much to do with her enduring reputation. On the back of Swoopes' title game record 47 points, the Red Raiders earned the school's first national championship, defeating Ohio State 84-82 in a game many consider among the most memorable in the history of the sport.

• **Brittney Griner denies entry, 2010:** Blocked shots rarely garner much glory, but when they come as often as they did in one second-round affair in 2010, they make for one of the more memorable individual performances in tournament history. Legendary Baylor star Brittney Griner found herself in foul trouble in the first half of her team's second round game against Georgetown. A noted shot blocker, the 6-foot-9 Griner blocked just one shot in that foul-plagued first half. But she more than made up for that in the second half, blocking 13 shots after halftime to shatter the previous record for blocks in a single game as the Bears held the Hoyas to just 17 percent shooting on the night.





# CHAMBER CORNER

Article Contributed by Daniel J. Heitzenrater, Chautauqua County Chamber of Commerce President and CEO

## Corporate Citizenship is for All Businesses

"Do well by doing good." That was the key message delivered during the most recent CHQ Chamber Business Builder Workshop on Corporate Citizenship and Engagement. John Felton, CEO of Southern Chautauqua Federal Credit Union pointed out that's the driving motivation behind his entire business model.

"We work with a lot of ALICE (Asset Limited, Income Constrained, Employed) families throughout Chautauqua County. We focus on financial literacy and often help people get the loans they need even if they don't have an outstanding credit history," Felton noted. "For example, we recognize transportation can be a huge barrier in Chautauqua County to getting a job and staying employed, so we assist with vehicle loans whenever we can to make sure people can get to work, to the grocery store, to medical appointments, and get their kids to school."

Southern Chautauqua Federal Credit Union also sponsors a wide variety of community organizations and projects that benefit the community. "It's also important to us to put our name on programs that make a difference," Felton noted. "When you do that, you are recognized as an organization that benefits the community. I always ask, 'how are you going to use our logo in connection with this?' when I'm approached about a sponsorship."

Katie Castro, Director of Advancement for United Ways of Chautauqua County, pointed out there are ways both employers and employees can get involved in community projects. United Way organizes volunteer Days of Caring for employee groups, Impact Tours for leadership development among employees, supports the 211 information and referral service phone line, and more.

While company United Way campaigns may seem routine to some, Castro also said they are more impactful when employee groups get involved. United Way supports 48 programs at 34 local human service agencies throughout Chautauqua County.

As the owner of a small business, John Raymond of Honest John's in Jamestown shrugged off his important contributions saying, "The Credit Union and United

Way are doing great work. All I do is give away a few pizzas." That's not entirely accurate. Honest John's has been donating pizza to a broad range of local organizations from sports teams to High School Bowl to Babe Ruth Baseball, and numerous others for decades.

"When we give away a little gift certificate for good sportsmanship to a midget football player, we know their whole family is going to come in for a meal. It's a small thing we can do to recognize a kid for a job well done, and it also boosts our business at the same time. Sometimes that's the first time they come to our restaurant, and then they come back," Raymond added.

With two dozen representatives from local businesses and nonprofits in the workshop, the questions ranged from how to develop partnerships to how to get more involved in a variety of ways. It was meaningful to see real connections being made. That's a crucial part of our mission at the CHQ Chamber where we build vital connections, provide professional resources, and champion our local businesses in Chautauqua County. Watching all of that unfold during a single event through the question-and-answer session demonstrated to us the power of creating opportunities for businesspeople to come together.

The next CHQ Chamber Business Builder Workshop will be held in June and will be focused on Presentation Matters. This event will highlight the importance of visual marketing both on social media and inside and outside your place of business. This workshop will take place from 1-3pm, June 25 at Lake Shore Center for the Arts, Westfield and is sponsored by AHN Westfield Memorial Hospital, Jamestown Community College, Media One Radio Group, Observer, and The Post-Journal. It is free to all businesspeople and registration is open now through the online calendar at www.chqchamber.org.

## Business After Hours at the Athenaeum Hotel

The next CHQ Chamber Business After Hours will be held Wednesday, April 30 at the grand Athenaeum Hotel at Chautauqua Institution. You can enjoy this beautiful setting along with complimentary appetizers and a cash bar from 5-6:30pm.

All local businesspeople are welcome. CHQ Chamber Business After Hours events are free for two people from each Chamber member organization. The price is just \$10 for non-members or

anyone above the two-person limit. Registration is appreciated for our planning purposes but is not required. Registering in advance gets you on our "Who's Who in the Room" list. Registration is open now through our web calendar at www.chqchamber.org.

Business After Hours at the Athenaeum Hotel is sponsored by the Athenaeum Hotel, Brooks-TLC Hospital System, Chautauqua Institution, Chautauqua Marina, Kinetic Business, M&T Bank, Southern Chautauqua Federal Credit Union, Jamestown Community College, Media One Radio Group, Observer, and The Post-Journal.

## The CHQ Chamber Helps with Ribbon Cuttings

Wherever you're opening a business in Chautauqua County, the CHQ Chamber is ready to help. We like to make sure each business gets off on the right foot, with all the attention

they want right from the start. Our staff will help you schedule your event, invite local elected officials and the media, and will live stream these events on Facebook. We arrive with our BIG scissors, and our staff will emcee the event, so all you have to do is be ready to talk a little about your new business and show it off.

If you have ironed out all the details and have all your operating permits in place, please remember to schedule a ribbon cutting too so that you can begin promoting your new business right away. We ask each business to fill out our online form at www.chqchamber.org/ribbon-cuttings at least a couple of weeks in advance of your prospective date. That will give us time to confirm the date that works and invite the dignitaries on your behalf.

We look forward to working with you!

## Unitarians Consider: Are We in a Generational Crisis?



Unitarian Universalist minister Rev. Alex Holt speaks virtually at the UU Congregation of Jamestown's 10:30 a.m. hybrid service this Sunday, April 6. Of his message, he says, "Generation Theory was developed to try and make sense of patterns of passion across generations of people. The belief from Strauss and Howe was that an existential social crisis arose about every fourth generation. The 60's were one example. Are we in another Crisis now and how do we respond?" All are welcome to the service and the coffee hour that follows at 1255 Prendergast Avenue. To participate virtually, use the link at UUGamestown.org/calendar.

## Sunday Night Added to Last Weekend for Audubon Lights 2025



A Sunday pop-up has been added to this Friday and Saturday as your last opportunity to experience Audubon Community Nature Center's stunning display of Audubon Lights. Hours each evening are 8:30-10 p.m. Walk a breathtaking half-mile luminary-lit trail through the woods and around ponds, then enjoy a warm fire, hot drinks and popcorn. Fire performer Luna Solaria and Bill Ward (center) on guitar provide live entertainment Friday and Saturday nights; Adam McKillip entertains Sunday. Go inside the Nature Center for the nature play area, live animals, and the Blue Heron Gift Shop. For more information, call (716) 569-2345 or go to AudubonCNC.org/Events. The Nature Center is at 1600 Riverside Road, one-quarter mile east of Route 62 between Jamestown and Warren.

## Two Regional Manufacturers Benefit from Retool WNY Funding for Clean Energy Initiatives



Submitted Photos: Lori Northrup, Chairman of North Park Innovations Group, Inc. is presented with a Retool WNY mini-grant check from Ellen Ditonto, Business Development Coordinator at the Jamestown Board of Public Utilities. The funds were part of a NYSERDA grant to assist small companies with clean energy manufacturing projects.



Submitted Photos: Turbo Machining LLC Senior Advisor Robert Skaggs and Brian Rodman, business partner, are presented with a Retool WNY mini-grant check from Ellen Ditonto, the Jamestown Board of Public Utilities' Business Development Coordinator, for their startup business, focused on designing prototypes for clean energy manufacturers.

Article Contributed by Rebecca I. Robbins, Communications Coordinator, Jamestown Board of Public Utilities

The Jamestown Board of Public Utilities (BPU) has provided two Southern Tier manufacturers - North Park Innovations Group Inc. of Ellicottville and Turbo Machining LLC of Allegany - with \$19,000 each to assist their efforts in clean energy sector initiatives as part of their Retool WNY initiative (<https://RetoolWNY.jamestownbpu.com>).

The initiative was launched in 2021 after Jamestown BPU was selected to receive a four-year grant through the New York State Energy Research and Development Authority's (NYSERDA) Accelerate Southern Tier Awards program (<https://NYSERDA.ny.gov>) to support the commercialization of new clean energy technologies.

Both North Park Innovations Group Inc. of Ellicottville and Turbo Machining LLC of Allegany were awarded mini grants as a result of their transformations into clean energy manufacturing.

North Park Innovations develops, designs and produces a line of vocational training systems used in community colleges and training centers across the country to introduce best practices in the installation and maintenance of heating, ventilation, air conditioning and refrigeration (HVAC/R) systems. Equipment in these training units is built to minimize the energy consumption necessary for cooling. According to Lori Northrup, Chairman of North Park Innovations, one top-selling trainer unit is equipped with a residential heat pump that is certified for installation in New York State.

North Park Innovations provides high-tech products and curriculum for the electrical and HVAC/R trades, cybersecurity, green energy and smart home trades under two different lines, iConnect Training and Marcraft.

Turbo Machining LLC is a startup company working to design prototypes for wind power unit blades, e-vehicle battery fillers and self-cooling bearings for windmills. This research and development work is the first step as the company is scaling up for full

production. Brian Rodman, located in Allegany, is a key partner in this endeavor.

"The Retool initiative and these successful manufacturing transformation projects ensure that our region will continue to be a center for clean energy supply chain manufacturing," said Kristofor Sellstrom, BPU Deputy General Manager - Electric.

"The distribution of these mini-grants across Southern Tier counties is a testament to the range of interest and expertise in clean energy manufacturing," Sellstrom continued. "With the NYSERDA grant coming to a close, we are now focused on connecting regional companies with supply chain opportunities in the clean energy sector and increasing the availability of training opportunities through secondary and higher education institutions in the region."

BPU General Manager David L. Leathers said, "Manufacturing in the Southern Tier Region represents an important component of strengthening and improving our overall economic picture. There are

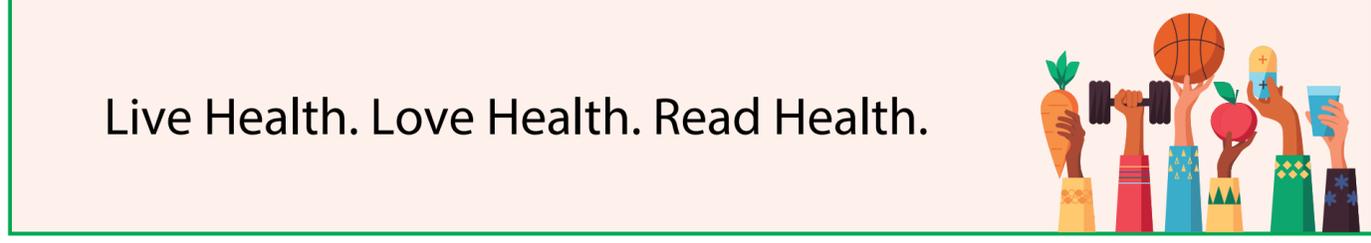
many examples in Western New York of excellence and innovation in the clean energy sector, including the work at North Park Innovations and Turbo Machining."

NYSERDA President and CEO Doreen M. Harris said, "Ongoing support for clean energy innovation in the Southern Tier is critical and NYSERDA congratulates North Park Innovations Group Inc. and Turbo Machining LLC for these awards. As regional companies, they are part of a vibrant ecosystem in New York that is catalyzing investments in manufacturing and job training, fast-tracking new technology products and solutions and ensuring every corner of the state can contribute to the energy transition."

The Retool WNY initiative's success over the last four years included annual conferences on topics of interest to manufacturers, educators and suppliers. The Retool'25 Conference is planned for June 3rd. Details are available by contacting Ellen Ditonto at [businessdev@jamestownbpu.com](mailto:businessdev@jamestownbpu.com).

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## Staying Healthy and Active as We Age

**Featured Writer**  
**Nancy Rich Johnson**  
Wellness for Life

I've learned over the years that aging brings its share of changes—but it also brings perspective, gratitude, and the opportunity to live with even more purpose, joy, and meaning. Staying healthy and active doesn't have to be complicated. With a few simple habits, we can feel better, stay strong, and keep enjoying the things that matter most.

Here are a few key areas to focus on:

- 1. Move Your Body Daily**  
Staying active doesn't mean running marathons. Walking, stretching, light strength training, or even dancing in your kitchen can do wonders. Movement helps maintain muscle mass, flexibility, and balance—all essential for preventing falls and staying independent. Find something you enjoy and make it a part of your routine. Even 15–30 minutes a day can make a big difference.
- 2. Nourish Yourself Well**  
What we eat plays a major role in how we feel. Focus on whole foods—plenty of colorful vegetables, fruits, lean proteins, and healthy fats. Hydration is key, too, so keep that water bottle nearby. Many women over 50 benefit from extra attention to protein intake, calcium,

and vitamin D. Simple changes like adding a high-protein breakfast or swapping processed snacks for fresh options can go a long way.

- 3. Prioritize Sleep and Stress Management**  
Quality sleep helps the body repair and the brain recharge. Create a calming nighttime routine, and aim for 7–8 hours of rest. Don't underestimate the power of managing stress, either. Mindful breathing, journaling, time in nature, or connecting with loved ones can help lower cortisol and boost well-being.
- 4. Stay Connected and Engaged**  
Social connection is as important to our health as nutrition and exercise. Whether it's volunteering, joining a book club, serving in a ministry at your church, or calling a friend for a walk, staying engaged in community adds joy and meaning to life. Learning new things and challenging the brain also supports cognitive health—so go ahead and try that new hobby or puzzle!
- 5. Listen to Your Body**  
Everyone's journey is different, and tuning into your body is essential. Notice how certain foods, habits, or routines make you feel. It's never too late to make positive changes, and small steps lead to big results over time.

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## Food Connects Us: 2025 National Nutrition Month

**Contributing Writer**  
**Carey Skelton**  
MS MPH RDN CDN  
Nutrition & Wellness Coordinator

National Nutrition Month, established in 1973, is an annual nutrition education and information campaign sponsored by the Academy of Nutrition and Dietetics to learn about making informed food choices and developing healthful eating and physical activity habits.

This year's theme "Food Connects Us" encourages connecting to our health, our cultures, our families, our memories and traditions, and our local food system through food. The following are examples of ways that Food Connects Us.

- Exploring where food comes from offers is an opportunity to learn how it was grown or raised. It may inspire you to start a home or community garden, increase plant-based foods in your diet, or engage in other ways to decrease your environmental food print on the world around you.
- We develop a relationship with food through our culture, family, memories, and traditions. The foods we grow up eating are often influenced by our family's culture. Do specific foods or celebrations come to mind? Sharing a meal with your family is an opportunity to learn about its preparation and who made it. Additionally, sharing a meal has been shown to improve intakes of fruit, vegetable, and calcium.
- Do you have a favorite cuisine? Some ingredients can be unique to a specific culture, however many of those same ingredients are common among various cuisines. For example, if you research the 10 most common ingredients used in Hispanic recipes you will see onion, garlic, oregano, tomato, cumin, bay leaves and paprika. Most of these same ingredients are common in Italian cuisine or Indian cuisine. Experimenting with the ingredients by changing the quantity, complementary ingredients, or the cooking technique may connect you to new global flavors.
- While our relationship with food influences the foods we eat, the foods we eat influence our health. The good news is we

can make small changes in food preparation techniques, portion sizes, or focus on eating more variety to make big differences in our health.

This month, we encourage you to explore how food connects you! Check out SNAP-Ed New York, a resource with healthy, convenient, and affordable recipes to help you in making a connection with food and your health. By making simple and healthy choices on a daily basis, you will be well on your way towards achieving total wellness. We know the healthy choice is not always the easiest choice, but small changes can make a big difference. Chautauqua County Office for Aging Services offers Nutrition & Wellness programs to support you in your journey toward total wellness.

Call NY Connects at 716-753-4582 for more details and information about any of our Nutrition and Wellness programs provided by Chautauqua County Office for Aging Services. Check out our website at <https://chqgov.com/office-aging> to see all the programs and services offered. Additionally, by signing up for our communication system, if you are not already registered, will provide you with information at your fingertips. We send messages about the current programs you may be interested in through your preferred communication method: text, email, or an automated call. If you are not already signed up to receive these messages, just call us at our NY Connects line 716-753-4582.

SNAP-Ed materials are funded by USDA's Supplemental Nutrition Assistance Program or SNAP. This institution is an equal opportunity provider. Some of these materials have been funded in whole or in part by grants from the New York State Office for the Aging (NYSOFA), and/ or the Administration on Aging (AOA) and/ or Administration for Community Living (ACL). Nothing herein is intended, nor should be construed, as an endorsement by the State of New York.

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# Frewsburg Lions Club Chicken BBQ to Benefit Jace Hasse

Article Contributed by  
**Nancy Nelson**  
Community Relations  
Frewsburg Lions Club

for chemotherapy and blood transfusions. Each trip requires a stay of at least a few days.

For a donation of \$18 each, dinners prepared by 3Cs Catering include ½ chicken, baked beans, macaroni salad and cookie or brownie and may be picked up from 4:30 -6:30 pm in the Zion Lutheran Church parking lot, 45 Falconer St, Frewsburg. Presale tickets are preferred; call 716-397-9485 by 4/5/25. Only a minimum number of tickets will be available the day of the event.

On April 12, 2025, the Frewsburg Lions Club will conduct a drive through Chicken BarBQ fundraiser to benefit Jace Hasse, a 10-year-old Frewsburg student and his family. Jace was diagnosed in Nov. 2024 with T-cell lymphoblastic lymphoma and must frequently travel with a parent to Children's Hospital in Pittsburgh



Submitted Photo  
Jace Hasse 4th from left and Family

# Corps to Host Virtual Public Meeting for Chautauqua Lake Aquatic Ecosystem Restoration Project



Submitted Photo

Article Contributed by  
**U.S. Army Corps of Engineers  
Pittsburgh District**

More information about the project can be found at <https://www.lrd.usace.army.mil/chautauqua-lake-aquatic-ecosystem-restoration-project/>.

The U.S. Army Corps of Engineers Pittsburgh District is hosting a virtual public meeting to provide updates on the Chautauqua Lake Aquatic Ecosystem Restoration Project.

**WHO:** The U.S. Army Corps of Engineers Pittsburgh District.

**WHAT:** The district is hosting a virtual public meeting to provide an update on the multiyear effort to restore the aquatic ecosystem at Chautauqua Lake. The meeting will consist of a presentation followed by a question-and-answer session. For participants who cannot join at the start of the meeting, district staff will repeat the presentation after the initial Q&A session.

**WHEN:** 6 – 8 p.m., Wednesday, April 9.

**WHERE:** Participants can join the virtual meeting at <https://usace1.webex.com/usace1/j.php?MTID=74dfc32da259985be0cca315ce704fba>. To join the meeting, participants must enter the link in their browser, select "Call Me," enter their phone number, and click "Join the Meeting."

Participants who are unable to join the WebEx meeting can join via phone:

- USA Toll-Free: 844-800-2712
- Access Code: 2819-962-2945

Media can contact the Public Affairs office at CELRP-PA@usace.army.mil or 412-395-7500.

Follow the Pittsburgh District on Facebook, Instagram and DVIDS.

# Chautauqua County Kicks Off Child Abuse Prevention Month with Pinwheel for Prevention Campaign

## Get Involved in Events Across the County to Support Child Abuse Prevention



Submitted Photo

Article Contributed by  
**Justin Gould**  
Chautauqua County Media  
Information Officer

**Dunkirk Planting**  
Location: Dunkirk City Hall (342 Central Ave, Dunkirk, NY)  
Date: Thursday, April 10, 2025  
Time: 1:00 p.m.

April marks Child Abuse Prevention Month, a time when communities come together to raise awareness and take action in the fight against child abuse and neglect. This year, Chautauqua County's annual Pinwheel for Prevention campaign will feature multiple events, including a new declaration ceremony in Westfield, New York.

Throughout April, pinwheel gardens will be planted at local businesses, agencies, schools, community centers, and private residences. The pinwheel serves as a national symbol of hope, health, and happiness for childhood, reinforcing the importance of prevention efforts.

The Village of Westfield Mayor will officially proclaim April as Child Abuse Advocacy and Prevention Month during a special ceremony at Eason Hall (Elm Street, Westfield) on Tuesday, April 1, 2025 at 10:30 a.m. Community leaders, local business owners, child advocates, and citizens will gather to show their commitment to protecting children and supporting families.

According to the New York State Central Registry, Chautauqua County received over 2,100 reports of child abuse in 2024, with 25% of cases substantiated by DSS. This underscores the critical need for continued advocacy and prevention programs.

In addition, several other awareness events will take place across the county:

**Jamestown Planting**  
Location: Jamestown City Hall (200 E 3rd St, Jamestown, NY)  
Date: Wednesday, April 2, 2025  
Time: 1:15 p.m.

**Mayville Planting**  
Location: Chautauqua Municipal Building (2 Academy Street, Mayville, NY)  
Date: Monday, April 7, 2025  
Time: 3:30 p.m.

Chautauqua County residents are encouraged to wear blue at these planting ceremonies, in solidarity with child abuse prevention efforts. All events are open to the public.

For more information about child abuse prevention, visit [preventchildabuse.org](http://preventchildabuse.org), [chqgov.com/humansocial-services/children-family-services](http://chqgov.com/humansocial-services/children-family-services), or [capjustice.org](http://capjustice.org). If you suspect child abuse or neglect, contact the NY State Child Abuse Hotline at 1-800-342-3720.

# Chautauqua County Launches Family-Centered Case Management Initiative to Support Unhoused Families

Article Contributed by  
**Justin Gould**  
Chautauqua County Media  
Information Officer

access to mental health services, peer advocacy, and long-term case management—critical elements in breaking the cycle of instability."

Chautauqua County is taking a groundbreaking approach to addressing homelessness through the launch of the Family-Centered Case Management (FCCM) Initiative, a program funded by the New York State Office of Temporary and Disability Assistance (OTDA).

Under this OTDA-funded initiative, a dedicated team of case managers and senior caseworkers work directly with families placed in temporary housing. Their role is to assess each family's needs, remove barriers to stability, and connect them with vital community resources, including:

This initiative marks a significant milestone as the first to truly embody the full integration of Chautauqua County's Department of Mental Hygiene and Department of Social Services into a unified system, providing targeted, wraparound support for families experiencing homelessness.

- Mental health and substance use services
- Employment and financial stability programs
- Long-term housing assistance
- Childcare and transportation support

The FCCM team, which is already operational, is currently assisting approximately 50 families in temporary housing. This number fluctuates daily as new families qualify for Temporary Assistance (TA) and Temporary Housing Assistance (THA). Caseworkers notify the FCCM team when a family enters temporary housing, ensuring they are immediately connected to specialized support services.



Each family receives an individualized case management plan, ensuring that services are tailored to their specific challenges. The program is designed to provide ongoing support with regular follow-ups to track progress and re-engage families as needed. This initiative aligns with the Chautauqua County Executive's strategy to address the growing number of unhoused individuals and families by providing not just temporary relief but a sustainable path to stability.

"This initiative is the first of its kind in Chautauqua County, demonstrating the true power of integrating mental hygiene and social services," said Carmelo Hernandez, Director of Community Mental Hygiene Services and Commissioner of Social Services. "By combining resources and expertise, we are ensuring that families facing homelessness receive not only housing support but also

The county is working closely with local service providers and community organizations to ensure a coordinated response that maximizes available resources. This initiative is also aligned with the state's broader goal of strengthening family-centered services and reducing homelessness across New York.

# Banana Pancakes

Recipe Recommendation from Cornell Cooperative Extension of Chautauqua County

Simple and tasty homemade pancake recipe with whole grains. A great way to add more fruit to your breakfast!

**Prep time:** 15 minutes  
**Cook time:** 20 minutes  
**Makes:** 2 Pancakes

- Ingredients**
- 2 eggs
  - 1 ½ cups nonfat or 1% milk
  - 1 Tablespoon sugar
  - 3 Tablespoons vegetable oil
  - 2 bananas, mashed
  - ¾ cup whole-wheat flour
  - ¾ cup all-purpose flour
  - 2 teaspoons baking powder



- Directions**
1. Wash hands with soap and water.
  2. Rinse or scrub fresh fruits under running water before preparing.
  3. In a medium bowl, mix together eggs, milk, sugar, oil and bananas.
  4. In a separate bowl, stir together flours and baking powder. Add to liquids and mix until blended.
  5. Heat a lightly greased skillet or griddle over medium-high heat (350 degrees F in an electric skillet).
  6. Pour ¼ cup batter onto the griddle for each pancake. Cook until tops are bubbly and pancakes are dry around the edges. Turn pancakes over and cook until golden brown on the bottom.
  7. Refrigerate or freeze leftovers within 2 hours.

Nutrition Facts	
8 servings per container	
Serving size 2 pancakes (124g)	
Amount per Serving	
<b>Calories</b>	<b>200</b>
% Daily Value*	
<b>Total Fat</b> 7g	9%
Saturated Fat 1g	8%
Trans Fat 0g	
<b>Cholesterol</b> 45mg	15%
<b>Sodium</b> 160mg	7%
<b>Total Carbohydrate</b> 29g	11%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 2g Added Sugars	4%
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 129mg	10%
Iron 1mg	6%
Potassium 193mg	4%
Vitamin A 21mcg	2%
Vitamin C 3mg	4%

- Notes**
- To see if skillet is hot enough, sprinkle with a few drops of water. If drops skitter around, heat is just right.
  - Top with yogurt, fruit, or any fruit sauce,

**"JUST PLAY. HAVE FUN. ENJOY THE GAME."**

— MICHAEL JORDAN

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# FUN FACTS ABOUT BASKETBALL



Article by **Metro Creative Connection**

Basketball is an exciting sport with a global footprint. Proof of the global popularity of basketball is evident on both the collegiate and professional hardwoods. In fact, the National Basketball Association noted prior to the opening night of the 2024-25 season that league rosters featured 125 international players from a record-tying 43 countries across six continents.

The popularity of basketball is undeniable. With so many tuned in to the exciting action, now is an ideal time for fans of basketball to learn some fun facts about the game.

• **Michael Jordan, arguably the greatest player of all time, was once cut from his varsity high school team.** Debates as to who is the greatest basketball player of all time will likely never cease, but many fans point to the man nicknamed "His Airness." Indeed, Jordan's many accolades include six NBA championships and six NBA Finals Most Valuable Player awards. Fans can be forgiven if they read Jordan's impressive résumé and conclude his skills were identified as superior from the moment he stepped on a court, but the eventual five-time NBA MVP failed to make his high school varsity team in his sophomore year. Jordan ultimately used that as motivation, and averaged more than 25 points per game in his junior and senior seasons.

• **Dunking was once illegal at certain levels.** Few moments in a basketball game are as exciting as a thunderous slam dunk, but such feats were once outlawed in scholastic and collegiate competitions. Between 1967 and 1976, high school and college players were forbidden from dunking, a rule that might have satisfied basketball purists and assuaged concerns about increasingly tall players dominating

the game with simple baskets, but one that undoubtedly confused players. Indeed, in a 2023 media interview, former University of Detroit player Terry Tyler noted his confusion over the rule during his collegiate playing days. Interestingly, Tyler eventually competed in a competition celebrating the slam dunk when he signed up to participate in the 1986 NBA Slam Dunk Contest. That competition was ultimately won by five-foot-seven Spud Webb, a victory that suggests concerns about taller players were misplaced.

• **Two men are tied as the tallest players in NBA history.** Height is a definite commodity in professional basketball, and two former players are proof of that. Gheorghe Muresan and Manute Bol, who were each seven-foot-seven, currently hold the record as the two tallest men to play in an NBA game. Curiously, Muresan, whose NBA career ended with the New Jersey Nets in 2000, ultimately found himself the second-tallest player in a game played in 2007. In an appearance that was akin to a promotional endeavor by the Maryland Nighthawks of the American Basketball Association, Muresan was temporarily teammates with Chinese player Sun Mingming, who was measured at seven feet, nine inches tall by the Guinness World Records.

• **Dribbling was not always part of the game.** Skilled ballhandlers are a big part of the appeal of modern basketball, but dribbling was not always part of the game. In the early days of basketball, players moved the ball by passing it to one another, standing in place and then throwing the ball to another player. Details are fuzzy, but basketball historians now credit players at Yale University in 1901 as the first to dribble in a game.

The global phenomenon of basketball has a rich and interesting history, and the game people love today once looked vastly different.

## The Chautauqua Arie Eagles Club #2145 in Jamestown Recently Distributed 3 Major Donations of \$2,000 Each to Local Charities



Submitted Photo  
Eagles President Gary Peters Jr, Trustee Chris Allenson, Trustee Dan Strickland, Vice President and COO of Healing For Heroes Kelly Carpenter, Eagles Board member Gene Wiltsie

Article Contributed by **Chris Sorenson**  
Vice President, Chautauqua Arie #2145 of the Fraternal Order of Eagles President, Southern Chautauqua County Club Associates

The first donation was presented to Kelly Carpenter Vice President and COO of Healing For Heroes. Healing For Heroes is a not-for-profit disabled Veterans retreat nestled on a 30-acre wooded area in Bemus Point NY. Their mission is to host disabled Veterans at their current 3-bedroom, 2-bathroom lodge and future cabins for a retreat style stay free of charge. The organization focuses on providing much needed and de served relaxation, decompression, animal therapy, fishing, hunting, shooting sports and a healing connection to nature that they refer to as "woods therapy". The Eagles Club donation will directly impact the Healing For Heroes Not-for-Profit by helping them purchase needed building materials, power equipment & tools, special motorized equipment < ADA compliant upgrades. While also assisting in financial support for food and travel for their disabled Veterans. Along with this initial donation the Eagles Club has also pledged continues donations to this worthwhile cause. Anyone who is interested in assisting the Healing For Heros group can contact them at jmilch28@yahoo.com or go to Healing For Heroes on Facebook.

The Second donation was presented to the Co-Founder and President of the Kidney Connection Jeanette Caprino. Eagles Club Vice President and Past Kidney Transplant Recipient says "The Kidney Connection is an organization that assists local patients in need of a kidney transplant in searching for local willing donors and to assist them financially with the transplant process. I can't tell you how grateful I am to my Fellow

Eagles for this generous donation to a cause so close to my heart." The Kidney Connection operates a completely free site and all donations go towards helping those in need of a kidney transplant to hopefully find their living donor. For more information or to donate to the Kidney Connection www.kidneyconnection.org

Another donation was presented to St Susan Center Executive Director Cherie Rowland, to assist in their Capital Campaign and their efforts to educate and assist those in our community. This donation will help them with the transition to their new building, the prior Jamestown Business Collage, and help them with their goal of a teaching kitchen for the community. Anyone who would like to help the St Susan Center can find information at www.stsusancenter.org

The Fraternal Order of Eagles is an international non-profit organization uniting fraternally in the spirit of liberty, truth, justice, and equality, to make human life more desirable by lessening its ills and promoting peace, prosperity, and hope while donating more than \$10 million a year to local communities, fundraisers, charities and more. The F.O.E. Founded Mother's Day, created the \$25 million Fraternal Order of Eagles Diabetes Research Center at the University of Iowa, served as driving force behind Social Security and helped end age-based job discrimination with the Jobs After 40 program. For more information on the Fraternal Order of Eagles go to FOE.com. Eagles Club #2145 is located at 329 E Fourth St in Jamestown and for more information on the local club you can call them at (716) 487-1997 or email Vice President Chris Sorenson at clubassociateschris@gmail.com

## MARTZ-KOHL OBSERVATORY

### Space STEM Camp Runs July 14-18



Submitted Photos  
**Featured Writer**  
**Andy Felong**  
Martz-Kohl Observatory

Space STEM Camp is set to begin its third year of academic and hands-on exploration of various space-related topics. This program is designed for students entering grades 7 through 9 in the Western NY and Northwestern PA region. The camp will take place from July 14 to July 18, 2025, at Jamestown Community College's Jamestown Campus. The camp is a collaborative effort between Falconer Central Schools and the Martz-Kohl Observatory.

Participants will have the opportunity to study the history of space observations and explorations, construct and keep their own Galileo-type telescopes, and learn to operate the 24" telescope at the observatory. Additional activities include building and launching model rockets, as well as sessions focused on the physics of light and stars, chemistry, physiology, astronomy, international space policy, and aerospace engineering and design.

Campers will travel to the Martz-Kohl Observatory to gain practical experience using telescopes and planispheres to enhance their understanding of the night sky. They will engage with a community of star

gazers. Astronomer and professor, Dr. Alexandra Yep, will return as a guest speaker this year, accompanied by local astronomers, physicists, professors, and other professionals dedicated to providing an informative experience for all participants.

Families need to arrange transportation to Jamestown Community College, Jamestown campus, daily for the start of camp and for pick-up. A Falconer Central Schools school bus will take students to the observatory and return to JCC each day. On Wednesday night and Friday afternoon, parents/guardians attending events at the observatory can sign students out at the observatory and drive them home or pick them up at each school.

A snack will be provided daily. Dinner will be provided Wednesday, and a reception with treats will be provided Friday. Students are responsible for packing their lunch and a water bottle. Allergies and food sensitivities will be taken into consideration.

The camp is low-cost, funded by local grants and volunteers, with a \$50 registration fee per camper. Register online on the Martz-Kohl Observatory website: <https://martzobservatory.org>

## Zonta Club of Jamestown Supports Arise Chautauqua with Generous Donation



Submitted Photo  
Kathy Stedman from the Zonta Club of Jamestown and Jessica McKeever from Arise Chautauqua.

Article Contributed by **Zonta Club of Jamestown**

The Zonta Club of Jamestown proudly announces its recent \$1000 donation to Arise Chautauqua, reinforcing its commitment to building a better world for women and girls.

The donation will support ARISE Chautauqua's mission to be a place for girls to be encouraged, empowered, equipped, celebrated,

and loved. The Zonta Club of Jamestown is dedicated to service and advocacy and is thrilled to contribute to the impactful work of ARISE Chautauqua whose efforts align with Zonta's mission and vision. For more information about the Zonta Club of Jamestown and its efforts, visit [www.zontajamestown.org](http://www.zontajamestown.org) or reach out to them at P.O. Box 913, Jamestown, NY 14702.

# SPACE STEM CAMP

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1	2	4	3	9	5	7	8	6
9	4	2	1	7	8	3	6	5
3	8	5	2	4	6	9	7	1
6	7	1	9	5	3	2	4	8
5	6	8	4	3	9	1	2	7
4	1	7	5	8	2	6	3	9
2	3	9	6	1	7	8	5	4

**PUZZLES ON PAGE 7**

# Music Scholarship Applications Now Open

Article Contributed by  
Chautauqua Region  
Community Foundation



Submitted Photo

The Chautauqua Region Community Foundation (CRCF) is once again amplifying its commitment to the arts with the launch of its annual music scholarship program. Beginning March 15, 2025, students pursuing music-related instruction or demonstrating excellence in a musical field can apply for a share of nearly \$60,000 in scholarship awards. Funded by twelve dedicated endowments, these scholarships continue to empower and invest in the region's young musicians.

- Lory T. Ventura Music Education Scholarship Fund
- Sarita Hopkins Weeks Excellence in Music Fund
- Ruth S. Dodds Memorial Music Scholarship Fund
- Elizabeth Warner Marvin Music Scholarship Fund
- The Bill and Linda Knight Brass Scholarship Fund

"This opportunity is about more than scholarships, it's about fostering local talent, strengthening our arts community, and honoring the legacy of our generous donors," said Tory Irgang, Executive Director of CRCF. "We are proud to support students who bring music to life in our region."

Scholarships are available for students in grades K-11, graduating high school seniors, and college students, providing financial assistance for continued musical education. Last year, CRCF awarded 58 scholarships, reinforcing its dedication to cultivating artistic excellence.

"The impact of these music scholarships is profound," said Michelle Tambascio, Scholarship Officer at CRCF. "Every year, we see incredibly talented students receive the support they need to continue their musical journeys, thanks to the generosity of our community."

## Music Scholarship Funds

### How to Apply

Awards are made possible through the generosity of donors who have established the following endowed funds:

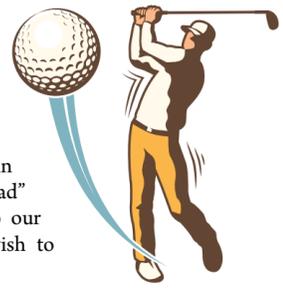
- R. Richard Corbin Memorial Scholarship Fund
- Helga Hulse Mozart Club Music Scholarship Fund
- Rob Buck Memorial Scholarship Fund
- Emily Harrington Crane Scholarship Fund
- Ruth E. Munson Music Scholarship Fund
- Pauline N. MarLett Memorial Music Scholarship Fund
- Russell Germaine, Sr. Music Scholarship Fund

Students can apply for all available music scholarships with a single application by visiting [crcf.me/](http://crcf.me/) applications to create an account and submit their materials. The deadline for submissions is May 1, 2025.

The Chautauqua Region Community Foundation currently administers more than 700 endowments to support community needs, nonprofit organizations, and local students pursuing higher education. For more information, visit [www.crcfonline.org](http://www.crcfonline.org) or contact Camille Martir-Rosado, Scholarship Associate, at 716-661-3390 or [crosado@crcfonline.org](mailto:crosado@crcfonline.org).

# Attention Senior Golfers: Art Asquith Senior Golf Tour

Registration for the 21st year of the Art Asquith Senior Golf Tour will be held at the Bemus Point Golf Club and Tap House on April 14th at 10:00 a.m. Registration for golfers 60 years and older will be \$20. Coffee and donuts will be available. The Tour has 24 weekly matches scheduled this year at courses around Western New York and Pennsylvania. The Tour is again participating in the "Bunkers in Baghdad" program to provide golf equipment to our troops. Please bring any items you wish to donate to registration. Thank you.



# Erie Art Museum Opens 102nd Spring Show on April 3

Article Contributed by  
Erie Art Museum



The Erie Art Museum is excited to announce that the opening for the 102nd Spring Show will be on April 3, 2025 during our April Art After Dark event from 6-8 PM. The Spring Show is a juried art exhibition open to any and all artists living, working, or studying within 250 miles of the City of Erie, Pennsylvania.

Mitchell Center for the Arts, Puffin Foundation, and Houston Arts Alliance. She has been an artist-in-residence at Light Work in Syracuse, Visual Studies Workshop in Rochester and Aurora Photo Center in Indianapolis.

The Erie Art Museum, in partnership with the PennWest University Art Department's Visiting Artist & Speaker Endowment committee (VASE), selected Keliy Anderson-Staley as the Spring Show 2025 juror. Over the last couple of weeks, Keliy winnowed the 632 submissions down to 67 selections. Awards will be announced at 7 pm during the reception.

The Spring Show is on view through August 8th, 2025. The Spring Show originated as the Art Club of Erie's "May Show." The inaugural exhibition was held in 1923 with the help of director emeritus and founder of the Art Club of Erie, Lovisa Card-Catlin. The Museum developed a partnership with Edinboro University (now part of PennWest) and expanded the associated programming with Spring Show jurors to include art talks, workshops, and critiques. Generous support for this exhibition is provided by Harry and Nicole Martin and PennWest University Art Department's Visiting Artist & Speaker Endowment.

Keliy Anderson-Staley is a 2022 Guggenheim Fellow, a 2008 New York Foundation for the Arts Fellow and a 2013 George and Eliza Gardner Howard Foundation Fellow. She has received additional project support from the Sustainable Arts Foundation, Cynthia Woods

# SUNY Fredonia Launches New Online MBA in Accounting

Article Contributed by  
Lisa G. Eikenburg, APR  
Associate Director of  
Marketing and Communications/  
Assistant Editor, Fredonia Statement



Submitted Photo

Accounting majors Matthew Greulich (left), a senior from Hamburg, NY; and Karissa Spicola (right) a senior from North Collins, NY, review information about the new MBA in Accounting with Drs. Mark Nickerson and Linda Hall.

A new online MBA in Accounting at the State University of New York at Fredonia will prepare students and working professionals for a more rigorous CPA exam.

Accounting faculty in the School of Business faculty developed the new graduate-level program in response to what Assistant Professor Mark Nickerson described as the "new CPA evolution" advanced by the American Institute of Certified Public Accountants (AICPA) and National Association of State Boards of Accountancy (NASBA).

"They have expanded the depth of knowledge that students need to come into the profession," Dr. Nickerson explained. The new CPA exam to debut in the fall of 2025 will cover specific subject areas that are not part of SUNY Fredonia's existing Accounting or Public Accountancy programs.

"It became evident to me that one of the best ways forward would be to introduce this change via an MBA program, namely because of the need to cover more topics at a higher level, so students are [better] prepared for the CPA exam," Nickerson explained. An MBA in Accounting can yield greater earning potential, he added, and prospective employers also assign increasing value to the degree.

SUNY Fredonia graduates with accounting degrees who seek an MBA represent a prime market for the new program, said School of Business Dean Kaustav Misra.

The MBA in Accounting curriculum consists of 12 courses totaling 36 credit hours. All course instruction will be asynchronous to accommodate working professionals.

That's the beauty of the program, the flexibility of doing coursework on one's own time, and also the high quality of instruction, Nickerson noted.

For more information on the MBA program and to register for a virtual open house, go online to <https://www.fredonia.edu/academics/colleges-schools/school-business/business-administration/program/accounting-mba>

Seven of the 12 courses, such as Information Technology Auditing and Personal Financial

Advisory Services, are pure accounting, while the remaining five are business-related courses. Accounting faculty who are CPAs developed the curriculum utilizing the blueprint created by the AICPA and NASBA and also collaborated with Business Administration faculty.

"The role of the CPA has evolved from a tax preparer and auditor to a trusted adviser who makes data-driven decisions," said Professor Linda Hall, who piloted development of the curriculum with Nickerson.

"In order to meet the new requirements and prepare students for the new rigors of the exam, we felt these courses were necessary," Nickerson said. "The fact that SUNY allows us to have this program is a testament to its uniqueness," Hall added.

SUNY Fredonia has long had a strong undergraduate accounting program, but many graduates went on to seek master's degrees at other schools, said Associate Professor Justin Mindzak, who began researching different accounting programs nearly five years ago.

"Now, our current students have the flexibility to pursue their CPA designation through the MBA option," said Mr. Mindzak, interim chair of the Department of Business.

The new CPA exam consists of three mandatory core subject areas: auditing, financial accounting reporting and regulation, plus a fourth component selected from among business analysis and reporting, information systems and control, or tax compliance and planning.

Interest in the new program has already shown to be strong among alumni as well as current students.

Interest in the program in the regional accounting community is also strong.

"I went to a number of external stakeholders and spoke to partners and principals of 10 CPA firms in Western New York, to get their feedback, and what they indicated was in line with my thoughts, that they would be happy to hire students after they complete their four-year degree and then work part-time, while finishing up the MBA online," Nickerson explained.

Nickerson and Hall began developing SUNY Fredonia's first MBA in Accounting degree in 2021.

Those involved in the collaborative effort leading to the new degree include Mindzak, Director of Curriculum and Special Programs Jennifer Hildebrand and Online Learning Coordinator Lisa Melohusky.

"This program marks a significant milestone for our institution, and I am confident it will serve as a springboard for the development of additional MBA programs in the future," Mindzak said.

## MARCH MADNESS TRIVIA



- 1 WHICH SCHOOL WON THE FIRST NCAA MEN'S BASKETBALL CHAMPIONSHIP?
- 2 WHICH TEAM HOLDS THE RECORD FOR THE MOST NCAA MEN'S BASKETBALL CHAMPIONSHIPS?
- 3 WHICH YEAR DID THE NCAA TOURNAMENT BEGIN TO BE BROADCAST ON TELEVISION?
- 4 HOW MANY GAMES DOES A TEAM HAVE TO WIN IN MARCH MADNESS TO BECOME THE CHAMPION?
- 5 WHO ORIGINALLY COINED THE PHRASE "MARCH MADNESS"?
- 6 WHAT ARE THE ODDS OF FILLING OUT A PERFECT MARCH MADNESS BRACKET?
- 7 WHO HOLDS THE RECORD FOR THE MOST TOURNAY APPEARANCES WITHOUT MAKING THE FINAL FOUR?
- 8 WHICH TEAM IS THE ONLY ONE TO EVER WIN THE NCAA TOURNAMENT AS A NO. 8 SEED?
- 9 WHICH NCAA MEN'S BASKETBALL TEAM HAS MADE THE MOST APPEARANCES IN THE NCAA TOURNAMENT?
- 10 WHAT YEAR DID MARCH MADNESS FIRST USE ITS ICONIC BRACKET FORMAT FOR THE TOURNAMENT?

1. DREIGN 2. UCLA 3. 1996 4. SIX 5. HENRY V. PORTER, AN ILLINOIS  
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## County Executive Wendel Marks 50 Years of Leadership, Inspires Growth in State of the County Address

During his State of the County address on Wednesday night, Chautauqua County Executive Paul M. Wendel Jr. celebrated the remarkable 50-year legacy of executive governance while outlining an inspiring vision to GrowCHQ that aims to enhance community well-being across Chautauqua County.

combating population decline and fostering an environment that attracts new businesses and families," Wendel asserted.

the forefront of initiatives. Investments in the Chautauqua Lake Symposium and new lake maintenance equipment underscored Wendel's dedication to preserving one of our most treasured natural resources.

collaborating with local agencies and organizations to address homelessness and foster long-term solutions.

Wendel began his address with a heartfelt acknowledgment of the progress made over the decades. "It is truly an honor to be one of only ten individuals to hold this position in Chautauqua County," said Wendel, asserting, "To coin a phrase from 1975: Chautauqua County is alive in 2025!"

"Chautauqua County has a rich history of being pioneers in energy production," Wendel remarked. "We need to embrace our heritage and lead in new energy solutions that can power our communities and beyond."

A landmark development in 2024 was the commencement of the U.S. Army Corps of Engineers Aquatic Ecosystem Restoration Study on Chautauqua Lake. As the non-federal sponsor, the County signed a feasibility cost-share agreement in September 2024, followed by a planning and scoping charrette in January 2025 to align research efforts and gather stakeholder input.

Chautauqua County has made significant strides in increasing government efficiency through various initiatives, such as office consolidations, modernized office spaces, employee cross-training, and the integration of new technology.

In his address, Wendel highlighted essential achievements from the past year, showcasing strategic investments aimed at economic growth, infrastructure, and community well-being.

This forward-thinking approach not only highlights a commitment to sustainability but also positions the county as a leader in emerging energy technologies, which could have long-lasting benefits for the local economy and environment.

"We also invested in vital initiatives like the Chautauqua Lake Symposium and new equipment for lake maintenance, essential for preserving our lakes," continued Wendel. "The highlight of 2024 in reference to tourism and Chautauqua lake will undoubtedly be the U.S. Army Corps of Engineers Aquatic Ecosystem Restoration Study on Chautauqua Lake."

"These changes have led to quicker service delivery for residents and reduced operational costs," said Wendel. "Employees are now more adaptable and better equipped to handle various tasks, leading to improved morale and job satisfaction."

"My 'Grow CHQ' plan focuses on three main goals: boosting local economic development, enhancing infrastructure, and promoting sustainable county growth," explained Wendel. This commitment is reflected in the Dunkirk Downtown Realization Initiative, Mayville's Waterfront Improvement project, the Chadakoin River Activation, and local waterfront revitalization program; enhancing communities along the lake Erie shoreline.

Addressing a critical issue facing many communities, Wendel discussed the pressing need for affordable housing. He highlighted collaborative efforts with developers to expand the county's housing inventory.

The study aims to evaluate and recommend ecosystem restoration strategies, with a final report anticipated for Congressional review by September 2027.

One key contributor to these savings is the Program Integrity Unit (PIU), which has saved the county over \$16.7 million by ensuring that resources are allocated to those who need them.

Turning to fiscal matters, Wendel reflected on the 2025 budget, which he characterized as a "structurally balanced spending plan." The budget maintains fiscal health while investing in vital services that residents rely on. A cornerstone of Wendel's address was the effective utilization of the \$24.6 million received from the American Rescue Plan Act (ARPA).

"These initiatives play a vital role in reducing homelessness and improving quality of life within our communities," said Wendel. "Additionally, affordable housing supports workforce retention and attracts new residents, contributing to the vibrancy and sustainability of the county."

Public safety also took center stage in Wendel's address, which included updates of the new inter-facility transport ambulance to improve emergency services.

"In 2024 our safety net costs exceeded \$11 million, the reason this is so concerning is because 71% of this cost comes from local taxpayer dollars," Wendel said. "This is one example of unfunded mandates that are forced upon our county by New York State. Protecting public funds is crucial to maintaining trust in government systems. By safeguarding these funds, the Program Integrity Unit not only prevents financial losses but also helps sustain essential services."

"We have strategically invested these dollars into 93 projects," he explained, stressing that each project is crafted to meet immediate community needs while fostering long-term resilience. These initiatives span a variety of areas, from economic recovery to healthcare support, highlighting the county's commitment to comprehensive growth. The full report, detailing the impact of ARPA funding, is now available for residents at chqgov.com/ARPA.

Wendel highlighted Chautauqua County commitment to expanding its tourism footprint, with strategic investments aimed at improving accessibility, events, and environmental sustainability. The County proudly launched new tourism trolleys as part of CHQ Transit's efforts enhancing visitor mobility and access to key destinations. Looking ahead, the new CHQ Transit Hub in downtown Jamestown is set for completion by October 2025, further strengthening regional connectivity.

"We are also prioritizing local training for our first responders and offering community outreach programs to enhance public safety awareness," said Wendel. "We are working with school districts to provide training through active threat drills, as well as providing stop the bleed kits."

As we prepare for the 2026 budget, Wendel is also exploring local municipal mergers, consolidations, and shared services as a strategy to reduce redundancies, lower costs, and improve service delivery. These initiatives will be voluntary and encourage collaboration among municipalities, offering incentives and support to create a more efficient and sustainable local government.

In his speech, Wendel also emphasized the county's commitment to economic investment, announcing that the Chautauqua County Industrial Development Agency (CCIDA) had approved or assisted 18 projects totaling an impressive investment of over \$311 million. This effort is expected to generate the potential creation of 166 permanent jobs, revitalizing the workforce and attracting new enterprises to the area.

"Our dedication continues on returning Commercial Air Service to our Jamestown Airport," explained Wendel. "We will be submitting an Essential Air Service application to the FAA and Department of Transportation in the immediate future."

The county has also expanded mental health services, launching preventive care programs like health screenings and wellness initiatives, and establishing partnerships to provide nutritious food and promote healthy choices. Notable efforts include a dining program for seniors featuring local restaurants and the addition of the Fredonia First Methodist Church.

Wendel concluded his address with profound gratitude for the collaborative efforts of his administration and the community. He called on residents to remain engaged and involved, sharing a message of unity and collaboration underscoring the importance of active community participation in shaping the county's future.

"Our growth initiatives, such as 'Live CHQ' and 'Choose CHQ,' are vital in

In 2024, the County allocated 3% of occupancy tax funds to support key tourism events like the Fredonia Farm Festival and Westfield Grape and Wine Festival. Furthermore, work on Phase IV of the Overland Trail Project improved trails in Panama and Brokenstraw State Forests. Funding is being pursued for Phase V, focusing on the Boutwell Hill section. Additionally, the County launched a new Interactive Trails Map, offering a user-friendly tool for exploring trails for hiking, biking, horseback riding, cross-country skiing, and kayaking.

A new teletherapy program ensures remote mental health support for residents, while additional community mental health centers are being planned. The Mobile Health Vehicle continues to provide essential health services across the county, including immunizations, screenings, and mental health support, contributing to a 50% reduction in overdose deaths.

"The 'Grow CHQ' initiative means continuing to invest in our county and collaborate with one another, we can build on this foundation and create an even brighter future for everyone in Chautauqua County," concluded Wendel. "Let us commit to working together with the same passion and dedication that has brought us this far, creating an even brighter future for all who call Chautauqua County home."

Environmental stewardship remains at

Addressing homelessness, the county has partnered with Recovery Options Made Easy to provide an overnight code blue warming center and allocated funding to help open Hope Haven Women's Shelter in Jamestown. The county is also working with developers to create transitional housing and

For more information on the initiatives discussed during the address, residents are encouraged to visit: chqgov.com/executive

## 3 Steps to Simplify Tax Prep so You can File on Time

Article by  
*Mero Creative Connection*



Spring is noted for the sense of rejuvenation it inspires when temperatures warm up and flowers begin to bloom. But in the United States, the onset of spring is followed shortly thereafter by tax season, which typically generates entirely different feelings than the first sight of spring blooms.

The deadline to file tax returns in the U.S. in 2023 is Tuesday, April 18. With that deadline looming, now is a good time to consider these three basic tax preparation tips, courtesy of the Internal Revenue Service.

**1. Access your IRS account.** Individuals can access or create their IRS account at irs.gov/account. That ensures taxpayers have the latest information about their federal tax account and enables them to see information about their most recently filed return. A visit to irs.gov/account also allows individuals to make payments and apply for payment plans, among other options.

**2. Organize your tax records.** The IRS urges taxpayers to wait to file their returns until they have all of their records, including:

- Forms W-2 from employer(s)
- Forms 1099 from banks, issuing agencies and others payers, including unemployment compensation, dividends, pension, annuity or retirement plan distributions
- Form 1099-K, 1099-MISC, W-2, or other income statement if you worked in the gig economy

• For 1099-INT if you were paid interest

• Other income documents and records of digital asset transactions, including convertible virtual currency and cryptocurrency, stablecoins and non-fungible tokens (NFTs)

• Form 1095-A, Health Insurance Marketplace Statement, to reconcile advance payments or claim Premium Tax Credits for 2022 Marketplace coverage

• IRS or other agency letters

**3. Check your Individual Tax Identification Number.** The IRS notes that an ITIN only requires renewal if it has expired and is needed on a federal tax return. An expired ITIN can delay the processing of a return, which in turn can delay tax credits and refunds.

Taxpayers filing with the help of a licensed tax professional are urged to contact that individual to inquire about any additional information they may need to file a return on time. Make such an inquiry well in advance of the deadline to file so you have sufficient time to gather all of the necessary documentation.

More information about filing taxes is available at irs.gov.

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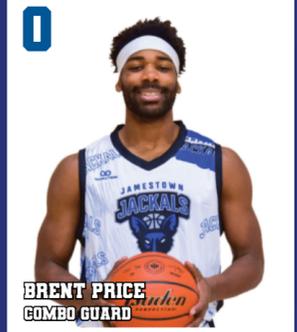
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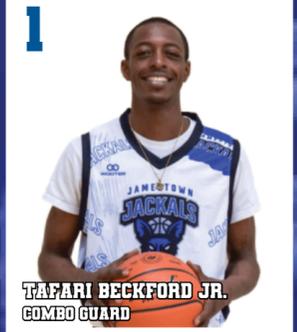
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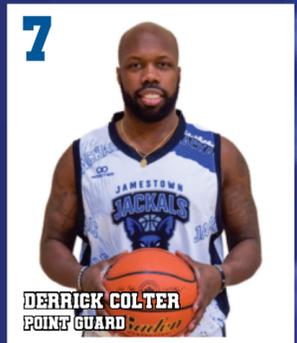
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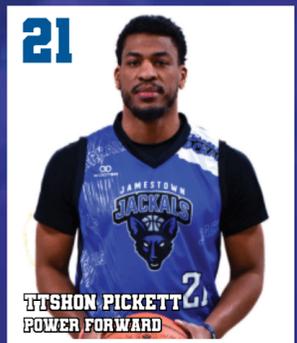
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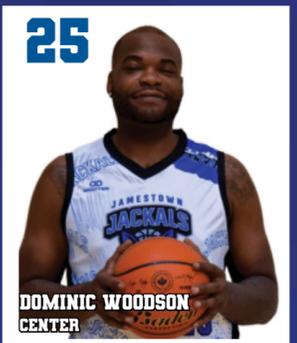
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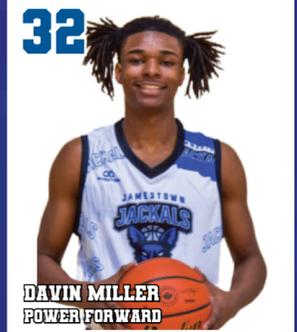
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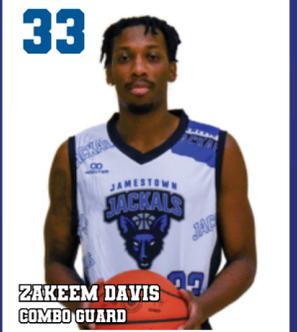
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# Easter BRUNCH

EST. 2018  
**PEARL CITY HOPS**  
RESTAURANT & TAVERN

Join us for a delightful **Easter Brunch!**

April 20, 2025 | 10 AM - 2 PM

Exciting arts & crafts,  
plus a magical visit from the **Easter Bunny!**



Pricing:

**\$30:** Ages 11 & up || **\$16:** Kids 6-10 || **FREE:** Ages 5 & under

View our menu by scanning the QR code.

To book a table, give us a call: 716-488-7227



150 West 4th St, Jamestown, NY 14701